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PUBLISHED : September 10 2014 - - :

# MS Oceans of Hope boat docks at Rowes Wharf

In May, The Oceans of Hope boat embarked from Copenhagen in the first circumnavigation of the world in a sail boat crewed by people living with MS. Sailors hailed from Denmark and Portugal, with one Bostonian catching the boat in Bermuda.

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The majority of crew of the Ocean of Hope boat have all been diagnosed with Multiple Sclerosis. Photo: Nicolaus Czarnecki, Metro

With the wind at their backs, a small crew of determined sailors afflicted with multiple sclerosis have spent the last five months adjusting their sails and empowering each other to look beyond their chronic disease and toward a brighter horizon.

In May, The Oceans of Hope boat embarked from Copenhagen in the first circumnavigation of the world in a sail boat crewed by people living with MS. Sailors hailed from Denmark and Portugal, with one Bostonian catching the boat in Bermuda.

The journey was put together by [The Sailing Sclerosis Foundation \(http://www.sailing-sclerosis.com\)](http://www.sailing-sclerosis.com), an organization dedicated to supporting people living with MS. Cambridge-based [Biogen Idec \(http://www.biogenidec.com\)](http://www.biogenidec.com) was the principal sponsor and official partner for the global program.

The boat docked Monday at Rowes Wharf, kicking off the North American leg of the journey and coinciding with the [MSBOSTON \(http://www.msoston2014.org\)](http://www.msoston2014.org) 2014, a four-day MS medical convention that kicks off Wednesday at The Hynes Convention Center.

Oceans of Hope project pioneer Dr. Mikkel Anthonisen said he hopes the journey will help change people's perceptions about the autoimmune disease, which affects the central nervous system.

"[MS] changes something inside you. There is a sense of a loss of identity," said Anthonisen. "This project creates a narrative that's strong. It's about empowerment. The people in this boat have recaptured their identity."

Mikkel Farber, 46, of Denmark was diagnosed with MS three years ago, and said the Oceans of Hope sail has reinvigorated his outlook.

Since I was a little kid I always dreamed about crossing an ocean. I'm so proud," said Farber. "We have had no problems, no one has been ill. Apparently sailing is good for people with MS."

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### **PHOTOS: Kanye West, Kim Kardashian enjoy Balmain show, Kris Jenner not so much**

Kim Kardashian, Kanye West and others attended the Balmain fall-winter 2015 fashion show during Fashion Week. Kim Kardashian was spotted sporting her new platinum blond hair and Kanye was dressed in what looked like an all-black velour track suit. Kris Jenner sat beside "Kimye" during the show. Maybe it was the timing the photo was taken, or the angle, but Kris does seem so...

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### **Selma comes to Brooklyn on Saturday**

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5

## **Get the model treatment with Row A**

Simone Banos started modeling when she was 13 years old, and it wasn't long before she ended up on the cover of YM. She spent the '90s shooting with renowned photographers, including a Calvin Klein ad for Bruce Weber. But when she had a baby, everything changed. No longer able to spend most of her time traveling, she had to think of new ways to make money. And thanks to her...

(/lifestyle/get-the-model-treatment-with-row-a/zsJoce---EHl97byyLnw6/)



4

## **PHOTOS: Prado Museum in Spain has special exhibit for the blind**

People with poor vision or blindness now have the chance to enjoy masterpieces, such as the Prado's version of the Mona Lisa. Madrid's Prado Museum recently opened 'Hoy toca el Prado' (Touch The Prado), an exhibit that allows blind or vision-impaired visitors to explore with their hands the copies of six masterworks. A statement from the museum: "This project allows for the...

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## **On Selma anniversary, Obama says racial progress still needed**

With a nod to ongoing U.S. racial tension and attempts to limit voting rights, President Barack Obama declared the work of the Civil Rights Movement advanced but unfinished on Saturday on a visit to the Alabama bridge that spawned a landmark voting law. Obama, the first black U.S. president, said discrimination revealed in a report about law enforcement...

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## **Obama to make call to action in Selma speech**

U.S. President Barack Obama will call on Americans to carry forward the spirit of the Civil Rights Movement on Saturday during a visit to Selma, Alabama, to commemorate the 50th anniversary of a march that sparked the 1965 Voting Rights Act. Obama, the first black U.S. president, will deliver remarks at the Edmund Pettus Bridge, where police an...  
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## **White House on lockdown after mysterious loud noise**

The White House was put on lockdown on Saturday after a loud noise was heard on the South Lawn moments before President Barack Obama and his family were due to take off by helicopter, a White House pool report said on Saturday. It said the noise prompted Secret Service agents to move the press back into the briefing room, lock the doors and put the building on lockdown. Obama...

(/news/white-house-on-lockdown-after-mysterious-loud-noise/zsJocg---yBhqdqBZul/)



## **Two suspects detained in murder of Boris Nemtsov**

Two suspects have been detained over the killing of Boris Nemtsov, Russian officials said, a week after he was shot dead near the Kremlin in the most high-profile killing of an opposition figure in years. The Investigative Committee, the state body leading the investigation, named the two men as Anzor Gubashev and Zaur Dadayev. Russian President Vladimir Putin had been...



## **Rock 'n' roll doesn't just soothe your soul – it can help manage pain**

What do you reach for at the end of a bad day? If you've got a playlist for that, you already know the power of music. But its medical benefits go beyond boosting your mood. Once a marginal alternative therapy, music is now recognized as constructive in reaching patients with disorders such as autism or Alzheimer's. The field has come a long way in the 20 years since Suzanne...

(/lifestyle/rock-n-roll-doesn-t-just-soothe-your-soul-it-can-help-manage-pain/zsJocg---yo9Ubc31X3YMo/)



## **How to spark up your sex life after kids: masturbation**

Relationship expert and sexologist Dr. Logan Levkoff serves as an expert on the reality show "Married at First Sight" on FYI. The show sends two strangers down the aisle and follows them as they try to keep their marriages afloat; two of the three couples from the first season are still married more than one year later. We talked to Levkoff on how coup!...

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### **World News**

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[Prosecution rests in case of New York boy's 1979 murder](#) (/new-york/prosecution-rests-in-case-of-new-york-boy-s-1979-murder/jZzocf---2WxTAFGa0L\_zjfCB9KQ/)

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### **Philadelphia**

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### **2015 NFL Mock Draft: Vic Beasley to Jaguars, Marcus Mariota to Jets**

[1. Tampa Bay Buccaneers: Jameis Winston, QB, Florida State Propping up Winston shouldn't come at the expense of tearing down Marcus Mariota, but the former is certainly more pro-ready than the latter. Winston can step right into a pro offense and turn up the heat on opposing NFC South defenses, especially with the weapons the Buccaneers posses on the outside. While some... \(/sports/2015-nfl-mock-draft-vic-beasley-to-jaguars-marcus-mariota-to-jets/zsJocf---UUjlZ3MxRX4s/\)](#)



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### **NBA Power Rankings: Hawks, Trail Blazers in top 3, Celtics climb**

1. Atlanta Hawks (47-12, Previous: 2) - The Hawks respond to last week's demotion with three straight wins, so we'll throw them back up at the top. But their next two games against the Rockets and Cavs will say a lot more than the last three (though Houston will be without James Harden, see below). 2. Golden State Warriors (46-12, Previous: 1) - A nice comeback against the...  
(/new-york/nba-power-rankings-hawks-trail-blazers-in-top-3-celtics-climb/zsJocd---Bptx1mwTzkTfg/)



28

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3

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(/news/white-house-lockdown-over-obama-free-to-leave/zsJocg---5BXYYQa6sANtU/)



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### VIRAL VIDEO: Kid parodies hit songs to create best Bar Mitzvah invitation ever

Having a Bar Mitzvah should be one of the most memorable experiences a Jewish boy should experience, so therefore the invitation should be equally memorable. One kid decided to take his Bar Mitzvah invitation to the next level. Brody Criz has made this hilarious video invitation to his Bar Mitzvah by parodying songs by Pharrell, John Legend and others. To all of you thinking...

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1:40 pm Syrian air strikes take out two Islamic State commanders (/news/syrian-air-strikes-take-out-two-islamic-state-commanders/zsJocg---O5wsLPaOYZYA2/)

**12:43 pm** [White House lockdown over, Obama free to leave \(/news/white-house-lockdown-over-obama-free-to-leave/zsJocg---5BXYXQa6sANtU/\)](#)

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BLOGS



## **Weft, Talko, LevelUp tops Tom O'Keefe's favorite Boston startups**

Last week I wrote about my Top 5 Boston startups. That list was actually half of my Top 10 Boston...  
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## **show, Kris Jenner not so much**

Kim Kardashian, Kanye West and others attended the Balmain fall-winter 2015 fashion show during...  
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### GADGETS



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Don't want to buy a separate device to measure your self-love activity like the Wankband? College...  
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